



Building Futures Domestic Violence Counselor Training

Training Information

Founded in 1988, Building Futures is an Alameda County leader which exists to build communities with underserved individuals and families where they are safely and supportively housed, free from family violence and homelessness. Our programs and services have been built over the past 30 years to help our clients build improved futures. Specific to domestic violence services, Building Futures operates a domestic violence safe house; provides domestic violence outreach, intervention and education, counseling, support groups, court accompaniment; and provides on-site support to 52 units of permanent supportive housing for disabled and formerly chronically homeless domestic violence survivors. Our toll free, 24-hour crisis line is 1-866-292- 9688.

Content: By California Evidence Code Section §1037.1(a)(1), each employee or volunteer who works with survivors of domestic violence must complete at least 40 hours of training, which “shall include, but not be limited to ... law, victimology, counseling techniques, client and system advocacy, and referral services.” In addition to basic information on domestic violence, this training will have an emphasis on working with domestic violence survivors who are homeless. We will also explore the issues domestic violence survivors may face around housing because of the abuse they have experienced.

Format: Live Zoom presentations and discussions, & independent learning via CPEDV’s (California Partnership to End Domestic Violence) ‘distance learning tool’ through teachable (enrollment process explained in this document)

Cost: Please see info on pg. 5

Facilitator: Our Domestic Violence Outreach Team Members will be present at each virtual session to introduce the presenters and facilitate regular reviews and discussions.

Orientation: Thursday, March 3rd 2022, 10:00am to 12:00pm

Schedule:

Friday, March 4 th	9:30a-4:30p	Friday, March 25 th	9:30a-4:30p
Friday, March 11 th	9:30a-4:30p	Friday, April 1 st	9:30a-4:30p
Friday, March 18 th	9:30a-4:30p		

• **NOTE: Each training day has a 1hr afternoon break, & two 15min breaks**

Registration: Using adobe fill & sign, or by hand, fill out this form and sign the confidentiality agreement (last page on this document) and return to Jessica Rogers @ jrogers@bffc.org

To ensure successful enrollment please return this completed form by Monday, February 28th

Location: The internet! Each trainee will receive a document with the zoom links for each training day, when joining each session, you will be asked to enter your information.

Missed sessions: Due to the amount of material covered, the intensity of the topics addressed, and the necessity of participants to learn as a group, it is important that each participant commit to attending all sessions. For reasons of illness/previous engagements/emergency you are permitted one missed session, for this missed session you will be provided that day's training materials and asked to read through them and write a short description of what you learned from the materials. Any additional training sessions missed will have to be made up by attending another Domestic Violence Counselor training series, which may be held at different times and locations. Once you have completed making up all your missed sessions, you will obtain your Certificate of Completion.

SAVE THIS DOCUMENT, IT HAS IMPORTANT INFORMATION YOU WILL NEED ABOUT THE TRAINING

Please contact training facilitator Jessica Rogers @510-357-0205 x207 or jrogers@bfwc.org with any questions

Information About Your Independent Learning/How to Enroll for Independent Learning:

This training will be a combination of independent learning and live Zoom sessions with presenters on various topics to maximize your understanding of domestic violence and the resources that are available to dv survivors here in Alameda County. You will need to create an account on the platform 'Teachable' at the following link: <https://partnership1.teachable.com>. Please go to this site and select "enroll now", then select "sign up with email", from there please put your full name and the email you will be using for the training (work or personal) & create a password. Once you complete this you will receive an email from "Partnership" that asks you to "Confirm Your Account", please click the "confirm email" button in the body of the email. You should then have full access to CPEDV's distance learning tool on teachable, which consists of 13 'Modules'. **You will need to complete Modules 1, 2, 3, 4, 7, 11 on your own time outside of the zoom training sessions. Below you will find the schedule of when you should have each Module completed by.** Although Modules 8, 12 & 13 are not required, it is recommended that if you can you complete these as well. Modules 5, 6, 9, 10 are thoroughly covered by the live presentations.

Module Due Dates:

Thurs, March 3rd – none

Fri, March 4th – Module 1

Fri, March 11th- Module 2

Fri, March 18th- Modules 3 & 4

Fri, March 25th- Module 7

Fri, April 1st- Module 11

At the completion of each Module, you will receive a “Certificate of Completion”, please save this pdf, as you will be turning it in to us. We also require that you copy and paste your answers/comments to the ‘reflection activities/exercises’ that are throughout each Module. Building Futures DOES NOT get notified when participants post their comments, which is why the comments, as well as the certificate of completion, must be emailed to Melissa Santos, msantos@bfwc.org

Please see below for an example of how your word doc should look, an example of these ‘reflection activities/questions’, as well as an example of the main page on your teachable account showing the different modules you will be clicking on and going through.

Example of Word Doc for Module Responses:

Responses for Modules

Module 1

Perceptions Exercise: I have heard that most people isolate themselves from others when going through DV because they know how their family and friends will react. It is not easy to get out of and they need a good support system for when they finally get out.

Attitudes Exercise: I believe that society tells us only women experience domestic violence, but men also experience it. I also believe that the reactions of loved one’s base how isolated the victim will become when they finally open up and talk about what they are going through.

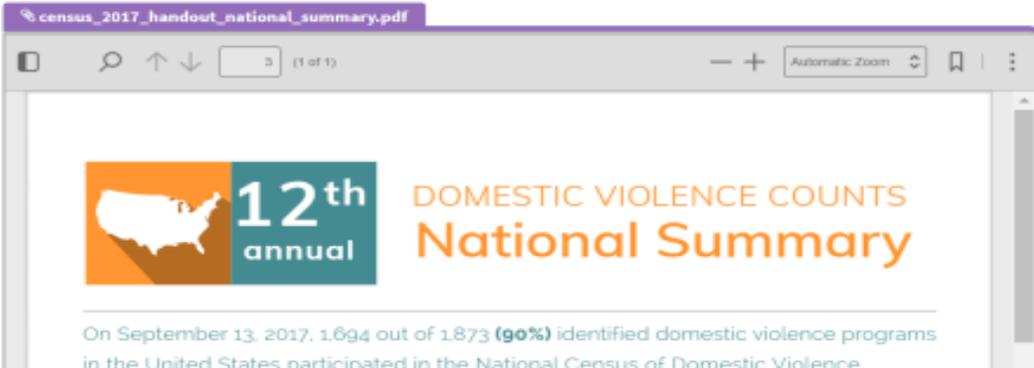
Video: Tough Guise: Violence, Media, and the Crisis in Masculinity: “Machista” attitudes have been passed down to men and they aren’t taught how to properly communicate or show their emotions. I do not think being Masculine is negative, but I do think as a society we have taught men that they shouldn’t express their emotions which leads them to getting physical.

Social Institutions Exercise: I don't think that expectations are being met and/or the expectations for training in institutions is too low. We need to educate everyone on how to handle cases correctly and seriously. A lot of times women and men are murdered because victims get forgotten or the legal system says we cannot help them.

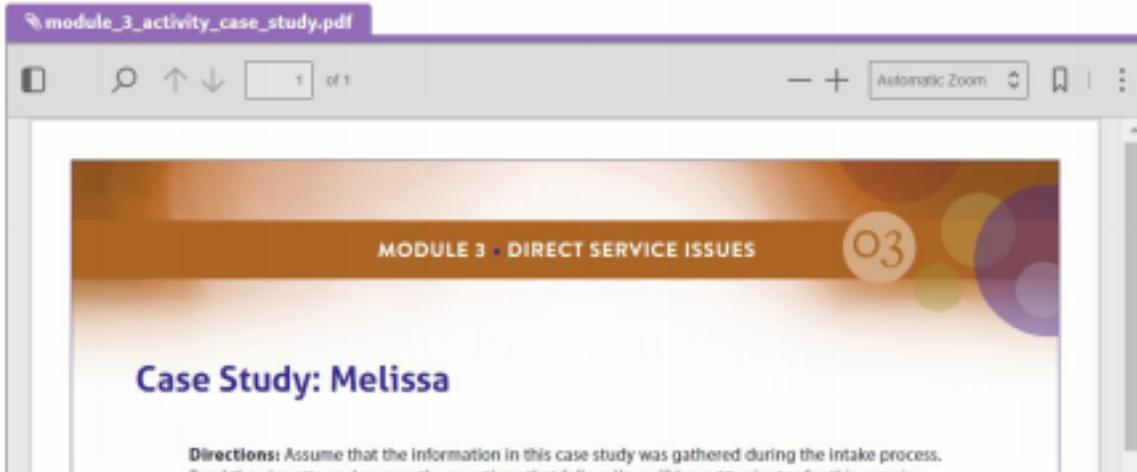
Example of reflection questions/comments:

Prevalence Reflection

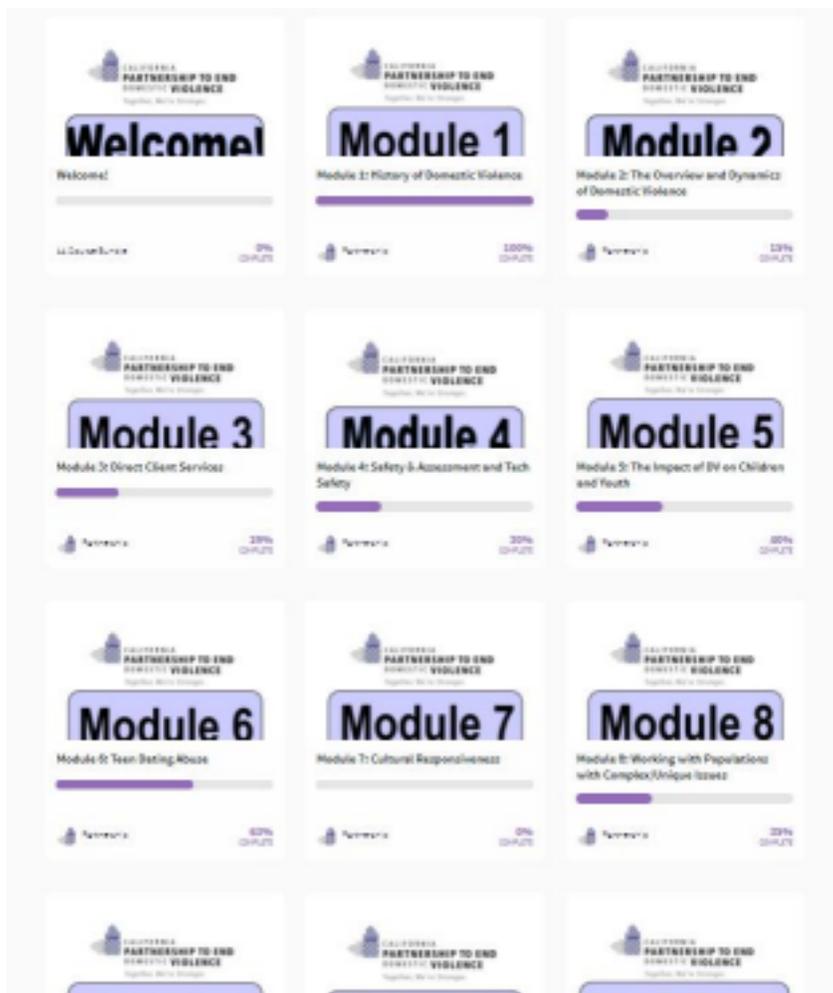
Take a look at the NNEDV National and California census day summaries. Type your thoughts regarding these summary reports and the information in the previous slides in the comments section below.



After reading the case study and reflecting on the questions, type your answers to the questions in the comments section below (you can also hand write these and upload a picture of them).



Example of homepage:



Information about our virtual learning experience:

For many of us, learning remotely is a newer experience and we at Building Futures understand that for some it may be more difficult than for others. Please go to this webpage for information on how to join a zoom session if you are unfamiliar with Zoom - <https://support.zoom.us/hc/en-us/articles/201362193-Joining-a-meeting>. We will be unable to assist with technical difficulties once the training begins, if you are concerned about your ability to join, please let Building Futures DV Outreach Team know as soon as possible. **If you do not have access to reliable internet, or a device to do the training please reach out to us as soon as possible.** It is highly recommended that you join each session from a computer or laptop, phones and tablets may make it difficult to fully participate.

To get the most out of this training we would suggest approaching our training days as if we were able to meet in person. Please be ready to begin at 9:30am, have your coffee/water with you, snacks ready, secure a comfortable and quiet place to participate, etc. **To best facilitate the learning experience and ensure everyone is absorbing the material we do ask that you keep your video on during the duration of each training day. You are of course welcome to turn off your video shortly if you need to use the restroom, need a moment to collect yourself, etc. Building Futures staff will be monitoring the training to ensure that videos are on, and people are present.** Please do not multitask during any of the training, due to the important nature of this work and the fact that you will be a certified domestic violence counselor after this training, it is vital that you remain focused on the training.

As you prepare for our time together, we want to highlight a few things that will help you have the most meaningful experience:

- **Change your profile/device name.** We want to make sure our virtual space is as secure as possible and only registered attendees will be allowed to join. To help us manage this, we ask that prior to joining the Zoom meeting you rename your Zoom profile/device (phone, laptop, tablet) to the same name you used when registering for the event. Go to “<https://www.techjunkie.com/zoom-change-name/> for a step by-step guide”.
- **We invite you to share your pronouns.** Using the steps in the link above, we encourage you to write your pronouns next to your name in parentheses Ex: Jessica Rogers (She/Her/Hers).
- **Use the “Raise Hand” feature.** We are so excited to co-create this space with you! All participants are automatically muted when entering the Zoom to minimize background noise and ensure all attendees can hear the speaker clearly. As we move through our time together, we will open the space to hear from you. Go to “<https://support.zoom.us/hc/en-us/articles/205566129-Raise-Hand-In-Webinar>” for information on how to use the “raise hand” feature and make sure your voice gets heard.
- **Secure a quiet environment** for the duration of the training and plan to be with us for the entire

training. Don't worry - we understand many of us are working remotely and we cannot always predict noises or interruptions.

- **Take care of yourself.** We encourage you to take care of yourself during the training - bring snacks, drinks, crayons, paper, fidgeting toys, etc.

- **Have your video on.** Video participation is **required**, and each participant must be on their own individual device.



Domestic Violence Counselor Training
Registration Form

Name: _____ (First) (Last)

Address: _____ (Street/P.O. Box) (City, Zip)

Email: _____ Phone: _____

1. Please check what applies to you:

- I am an employee or an intern of Building Futures.
- I am an employee of a government or non-profit agency that has a payment arrangement with Building Futures. (\$250) (\$150 for virtual training)
- I am interested in volunteering. (Pay \$150)(\$75 for virtual training)- with a volunteer commitment of three hours a week for six months working in our Domestic Violence programs and services)

Upon making your payment, you will receive an automatic e-receipt from donations@givedirect.org. The payment transaction will appear on your bank statement as "DON* Building Futures"- please forward this email to jrogers@bfwc.org so we can confirm payment

Our DV Outreach Team will reach out to you and provide you with a link to pay online -or- checks can be made out to Building Futures with "Spring 2022 DVT" in the memo line.

2. Please initial after each statement below:

_____ (initials) I understand the importance of attending ALL sessions in order to receive my certificate of completion.

_____ (initials) I will be present at ALL sessions unless illness or emergency should arise, in which case I will notify the facilitator as soon as possible.

_____ (initials) If I have a previously scheduled conflict with a scheduled training date, I will let the facilitator know as soon as possible.

_____ (initials) I also understand that I must MAKE UP any missed time and that I **will not** receive a certificate of completion until I have completed all hours of training.

_____ (initials) I understand that the topic of domestic violence may elicit strong and sometimes unexpected emotions, may affect each individual differently, and may result in feelings of vulnerability. I agree, therefore, to do my part in creating a safe, non-judgmental environment in which each person present – though from different backgrounds, experiences, beliefs, and values—are all here to participate, learn, and explore education about the issues related to domestic violence.

3. I understand that returning this application does not guarantee me a spot at the training. You will be notified by email of your successful enrollment once payment is complete.

Your signature/date here indicates agreement to all above statements.



40-hour Domestic Violence Counselor Training

To assist us in achieving the highest standard in establishing our training environment, please answer the following questions:

Is there anything that you would like us to know about you?

What is your interest in attending this training?

Do you plan to volunteer with Building Futures after the training? _____

If so, which program are you most interested in? _____



Confidentiality Agreement

I _____ have been informed by Building Futures staff that ensuring confidentiality is paramount to the safety of all staff and clients of Building Futures. I have also been informed that revealing the location of any Domestic Violence Safe House, including direct addresses, is against the law.

_____ (initial) I am fully aware that it is a misdemeanor crime to maliciously reveal the whereabouts of a battered women's shelter (CA penal code sec 273.7)

In addition, trainee's information is also confidential and should not be discussed outside of the training setting. This includes their personal information i.e., names, agencies they work for, or personal conversations or group conversations discussed while in training sessions. This ensures that this training remains a safe space for everyone to learn and ask questions.

Violation of confidentiality will result in my immediate dismissal from the training.

Training participants full name (print please) _____

Training Participants Signature _____

Date _____