



# Healthy Relationships

Domestic Violence Support Group

Come and share your stories in a supportive, non-judgmental environment.

Listen to others and find comfort in knowing, *you are not alone.*

Learn about unhealthy relationships, and what healthy relationships look like.

This is a safe and confidential place to share your stories and connect with others, while benefiting from education and discussion.

**When:** Wednesdays, 6:00pm-7:00pm

**Where:** Alameda

\*exact location given after intake, easily accessible by BART/Bus

Please contact Jessica at (510)357-0205 x207 to sign up for the group or with any questions.



[www.bfwc.org](http://www.bfwc.org) 24hour crisis line: 1(866)A-WAY-OUT