



# BETWEEN BROTHERS

## Male Survivor Group: Helping Each Other Heal

Building Futures is proud to provide a weekly Support Group for male survivors of intimate partner violence. This therapist-led group meets each Thursday evening from 6 pm - 7:30pm in San Leandro. We also provide child care.

For further information please contact the group therapist, Jeffrey A. Suiter at: (510) 269-4397 or [jsuiter@bffc.org](mailto:jsuiter@bffc.org)



**MALE SUPPORT GROUP**

**HEAL FROM SHAME AND GUILT  
SELF-DEFEATING BEHAVIORS**

**ADDRESS DIFFICULTIES WITH TRUST, INTIMACY, ANGER, AND SOCIAL ISOLATION**

**EXPERIENCE CONNECTION, SUPPORT AND BROTHERHOOD AMONG MEN WITH SIMILAR HISTORIES**

## **BUILDING FUTURES**

1395 Bancroft Ave.  
San Leandro, CA 94577

Main Line: 510-357-0205  
24-Hour Toll Free Crisis Line  
1-866-A-WAY-OUT  
1-866-292-9688